



Centre La Picasso



REJOIGNEZ-NOUS POUR FAIRE DE LA MARCHÉ INTÉRIEURE !

8h30 - 16h00
(8 am - 4 pm)

**TOUS LES JOURS
PENDANT LES HEURES DE BUREAU**



Family Place Richmond County
12 Industrial Park Road, Lennox Passage

Parent Talk Lennox Passage

REFRESHMENTS
PROVIDED

REGISTRATION IS
FREE!

A SUPPORTIVE PARENT/CAREGIVER GROUP THAT PROVIDES A RELAXED ENVIRONMENT WHERE PARENTS/CAREGIVERS CAN SHARE INFORMATION, TECHNIQUES AND CHALLENGES, AND LEARN NEW APPROACHES TO PARENTING. INFORMATION ABOUT SPECIFIC TOPICS ARE DETERMINED BY YOU!

SERVICES FOURNIS EN FRANÇAIS.

**Every Monday
10 am - 12 pm**

TEL : (902) 345-2250
WEBSITE: FAMILYPLACE.CA
EMAIL: LBLANDON@FAMILYPLACE.CA



JEUX DE BEAN BAGS

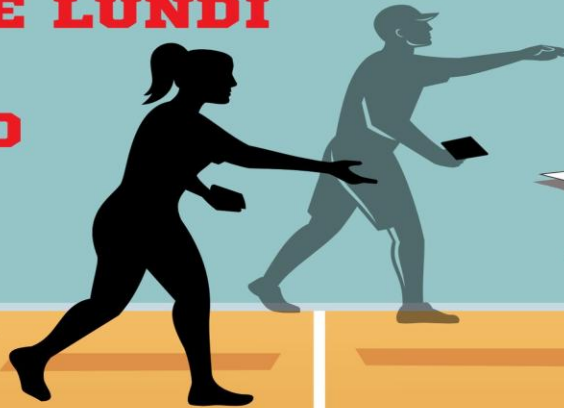


À LA PICASSE



CHAQUE LUNDI

**à
13H00**



**Pour vous
amusez
et
socialisez!**



**WEATHER
PERMITTING**

Interested in joining a....

WALKING GROUP?

Enjoy the fresh air, get active, enjoy a
laugh and connect with others on a
similar journey!

MONDAYS AT 10:30AM

Dr. Kingston Memorial Community Health Centre

CAPE BRETON
FAMILY PLACE RESOURCE CENTRE

Wednesdays

10 am to 12 pm

Parenting Our Children's Children

A group specifically for grandparents

Services fournis en français

Family Place Resource Center, 12 Industrial Park Road, Lennox Passage

Please Contact lblandon@familyplace.ca
for more information
or call (902) 345-2250
www.familyplace.ca

Hosted by the HEARTS Ability Society

SENSORY GYM NIGHT

OPEN TO ALL AGES!

Activity List
Basketball
Baseball
Curling
Scooters
Hoops
Gym Mats
Free Play!

THURSDAYS!

École Beau-Port
Arichat, N.S.

Every Thursday (Unless Otherwise Posted)
From 6:00pm to 7:00pm

Our weekly gym night is for anyone with sensory needs or any type of special need.



SENSORY-FRIENDLY SKATE



Enjoy this sensory-friendly skate designed especially for families with children diagnosed with Autism Spectrum Disorder, Sensory Processing Disorder, or any type of special need.

During this hour, participants can expect dimming of the lights and no music. Arena attendants are also encouraged to speak more softly and not perform certain tasks that would result in loud noise.



EVERY FRIDAY
4:00-5:00PM



RICHMOND ARENA,
LOUISDALE

For more information, contact Richmond Recreation (902) 226-0663